



C.R.A.F.T.S. Counseling Tool

HIV Pre-Exposure Prophylaxis (PrEP)

Step/Concept	Main Points	Suggested Dialogue
Introduction	<p>Offer PrEP referral after screened for indicators.</p> <p>Reinforce what the client knows/dispel myths about PrEP.</p>	<p>✓ Based on what we have discussed so far, I believe you may be a good candidate for PrEP.</p> <p>✓ Tell me what you have heard/know about PrEP.</p> <p>✓ There are some basic facts everyone considering PrEP should know.</p>
C - Condoms & Contraception	<p>People on PrEP should continue using condoms and contraception.</p>	<p>✓ PrEP will not protect you from STIs.</p> <p>✓ You can still get pregnant while on PrEP.</p>
R - Risk	<p>PrEP should be used during a period of on-going HIV risk.</p>	<p>✓ Your risks may change, and that needs to be communicated to your healthcare provider.</p> <p>✓ PrEP is not intended to be taken forever. We will continue to discuss other ways to reduce your risk.</p>
A - Adherence	<p>To be most effective, PrEP should be taken <u>as prescribed</u>.</p>	<p>✓ A planned routine and social support programs can help you adhere to your PrEP regimen.</p>
F - Finances	<p>There are several options available to help assist with the cost of PrEP.</p>	<p>✓ Enrollment in marketplace or employer based private insurance or Medicaid/care will reduce the cost of PrEP.</p> <p>✓ There are drug assistance programs to help you with payment, co-pays, and deductibles if needed.</p>
T - Testing	<p>There are multiple tests that need to be run to begin and stay on PrEP.</p>	<p>✓ You will need a test to confirm you are not infected with HIV prior to starting PrEP. You will also need tests for Hepatitis, STIs, kidney function and others.</p> <p>✓ You will need to test for HIV every 3 months.</p>
S - Side Effects	<p>Like all medications, PrEP could have side effects.</p> <p>A low percentage of people who take PrEP experience side effects.</p>	<p>✓ The most common side effects are intestinal, such as stomach upset, cramping, nausea and diarrhea.</p> <p>✓ Usually, the side effects last only a couple of weeks. Only about one in ten people have side effects.</p> <p>✓ All drugs can affect your body. It's important to discuss medications you are taking with your healthcare provider.</p>
Conclusion	<p>Address questions and assess interest. Weigh Pros & Cons.</p> <p>If client is interested, refer for clinical intake.</p>	<p>✓ What other questions do you have about PrEP?</p> <p>✓ Specific medical concerns need to be addressed by your medical provider and can be asked upon intake.</p> <p>✓ Let's discuss choosing a potential PrEP provider.</p>